

RESOLUTION No. 23-64

A RESOLUTION OF THE MAYOR AND THE CITY COUNCIL OF THE CITY OF DORAL, FLORIDA, APPROVING AN INCREASE TO THE EXISTING CONTRACT AMOUNT WITH MIND BODY SOCIAL FOR WELLNESS PROGRAMMING IN AN AMOUNT NOT TO EXCEED \$10,000.00 FOR A NEW TOTAL NOT TO EXCEED CONTRACT AMOUNT OF \$15,000.00; AUTHORIZING THE CITY MANAGER TO ENTER INTO A FIRST AMENDMENT TO THE AGREEMENT FOR SAID PURPOSES AND TO EXPEND BUDGETED FUNDS IN FURTHERANCE HEREOF; PROVIDING FOR IMPLEMENTATION; AND PROVIDING FOR AN EFFECTIVE DATE

WHEREAS, in November of 2016, “Step Up Your Health, Doral!” Program was created, and became part of the Mayor’s Wellness Initiative for the City of Doral (“City”), which encourages the entire community; residents, employees, and businesses, to get healthier together; and

WHEREAS, the main goals of this initiative were to increase and raise awareness of mental health issues, promote higher fitness levels, making fitness a life goal, offer proper nutritional education, promote alternatives modes of transportation, and increase sense of community; and

WHEREAS, in 2017, Mind Body Social met with the City began partnering in order to increase wellness within the community through their innovative programming which was then formalized through an agreement in 2019 (Reso. No. 19-282); and

WHEREAS, in 2022 Mayor and City Councilmembers approved a new agreement with Mind Body Social to continue providing wellness programming at City Parks at a flat rate amount not to exceed \$5,000.00 per fiscal year (Reso. No. 22-05); and

WHEREAS, pursuant to said agreement, Mind Body Social has been providing monthly programming through the Wellness Wednesday program which has been extremely successful providing free wellness classes at a different park each month with an attendance ranging from 50-100 participants; and

WHEREAS, The City Manager's Office respectfully requests approval from the Mayor and City Councilmembers to increase to the existing contract amount with Mind Body Social to provide additional wellness programming in an amount not to exceed \$10,000.00 for a new total not to exceed contract amount of \$15,000.00. Funding is available is 001.90005.500340 (Contractual services-other).

NOW THEREFORE, BE IT RESOLVED BY THE MAYOR AND THE CITY COUNCIL OF THE CITY OF DORAL, FLORIDA, AS FOLLOWS:

Section 1. Recitals. The above recitals are confirmed, adopted, and incorporated herein and made a part hereof by this reference.

Section 2. Approval & Authorization. The City Manager's Office respectfully requests approval from the Mayor and City Councilmembers to enter into a first amendment to the existing agreement with Mind Body Social to provide additional wellness programming in an amount not to exceed \$10,000.00, for a new total not to exceed contract amount of \$15,000.00. Funding is available is 001.90005.500340 (Contractual services-other).

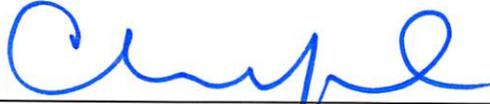
Section 3. Implementation. The City Manager and the City Attorney are hereby authorized to take such action as may be necessary to implement the provisions of this Resolution.

Section 4. Effective Date. This resolution shall take effect immediately upon adoption.

The foregoing Resolution was offered by Councilmember Puig-Corve who moved its adoption. The motion was seconded by Vice Mayor Pineyro and upon being put to a vote, the vote was as follows:

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|-----------------------------|-----|
| Mayor Christi Fraga | Yes |
| Vice Mayor Rafael Pineyro | Yes |
| Councilwoman Digna Cabral | Yes |
| Councilwoman Maureen Porras | Yes |
| Councilman Oscar Puig-Corve | Yes |

PASSED AND ADOPTED this 10 day of May, 2023.


CHRISTI FRAGA, MAYOR

ATTEST:


CONNIE DIAZ, MMC
CITY CLERK

APPROVED AS TO FORM AND LEGAL SUFFICIENCY
FOR THE USE AND RELIANCE OF THE CITY OF DORAL ONLY:


VALERIE VICENTE, ESQ. for
NABORS, GIBLIN & NICKERSON, P.A.
CITY ATTORNEY